DEMETER, ANUBIS & THE ELEUSINIAN MYSTERIES

by

Terence DuQuesne



THE ELEUSINIAN MYSTERIES

It is often not appreciated that the Eleusinian Mysteries, which were probably instituted around 1,300 BCE¹, were celebrated for almost two thousand years, and all clean-handed Greek-speakers, including women, slaves, and emperors, were eligible. The last Roman emperor to be initiated at Eleusis was Gallienus, who ruled in the middle of the third century of the Common Era² Gallienus was a friend of the brilliant pagan philosopher Plotinus, the initiate of Isis who had rejected Gnosticism and Christianity in favour of the intellectual and spiritual depth of high magic.³

Scholars are still debating not only what took place at these Rites but what they meant to those who participated in them. The significance of Demeter's Mysteries for us today is again a question which has hardly begun to be addressed.

By far the earliest literary source, and the most important single relevant document, is a beautiful Hymn to the goddess Demeter which probably dates from the eighth or seventh centuries BCE and which was incorrectly ascribed to Homer. The Hymn to Demeter recounts in detail the myth of Persephone (or Core) and her abduction by Hades to the netherworld, and it also describes how her mother Demeter instituted the Mysteries at Eleusis. This is how the poem begins (as newly translated):

I begin my song of lovely-haired Demeter the majestic goddess And her slender-ankled daughter whom Hades carried off As the gift of Zeus the far-seeing Thunderer Away from gold-sworded Demeter bestower of grains

This was while Persephone played a game with the deep-breasted Daughters of Ocean and picked flowers from the soft meadow Roses and saffron and elegant violets

¹O Kern, Mysterien (Die eleusinischen Weihen), Pauly-Witsowar Realentyklopädie 16 (1935) 1212-1223; GE Mylonas, Eleusir (Princeton1962) 40-42.

^{*}Scriptores Hitz Augustase XI 3: 4; cf Mylonas op. cit. 165. As late as the Byzantine period, Michael Psellos was writing about the Eleusinian Mysteries in the present tense (De Doemonbus §3 Migne; cf J Harrison, Prolegomena (Cambridge) 1931 (2004), who scrueles to translate Psellos's prurient counternts).

^{*}Pophyrv, Vita Plotin! 10. There have been iseffective attempts to disparage Plotinus's magic, such as the articles by P Merian. Int 4 (1933) 341-348; Alf Amstroup, Photosetri 1 (1985) 27-729. J Geffesten. Last Days of Greco-Poman Paganitm. trans. (%-Gravenhape!978) 53-55; eff 'DacQuesne, Cedic Dawn 3 (1989) 15-18.
*See the present water's critical reading-list in this volume, p 301-303.

Irises and hyacinth and also the narcissus Which Earth made to grow at the will of Zeus As a lure for the girl with rosebud eyes And a favour for the one who receives many souls

The flower's remarkable sheen put all who saw it in wonder immortal deities and mortal humankind alike And from its root a hundred blossoms shot forth And the scent from its pod delighted the whole broad Vault of the sky all the earth and the briny swell of the sea In amacement Persephone opened both her hands together To take the lovely object of pleasure

And the wide-wayed ground gaped open Through the Nysian plain and here Hades rose up The Ruler and receiver of many souls The many-named son of Cronos with his immortal horses

He seized her against her will on his golden chariot Leading her as she wept and yelled in a loud voice Invoking her father Zeus the most noble and high But nobody either immortal or human or the olive-trees Heard her voice but only the daughter of Perses Heard her voice but only the daughter of Perses The playful-spirited Hecate she of the bright headband Paid any attention from her cavern And king Helios the Jamous son of Hyperion Heard the vil calline unon her father Zeus

But Zeus was away apart from the gods and sat In his prayer-filled temple to receive Pleasant and sacred gifts from mortal men.⁵

The story continues with Demeter visiting the earth disguised as an old woman. When she arrives at the town of Eleusis, she tells the local royal family that she has escaped from pirates. She is offered the job of nurse to one of the rulers' children. At one point Demeter refuses wine but, after being made to laugh, accepts a drink composed of grains, honey, and herbs. She begins to nurse the child, secretly placing him in the fire at night to make him immortal. She is seen and she removes the child, soon

'Homeric Hymn to Demeter 1-29, I follow the text of NJ Richardson (Oxford 1974), except that in line 13 I accept the translation, faute de mieux, of Humbert: kôdelas d'odmêl pâs s' for the corrupt kôdist' odmê pâs d'.

afterwards cursing human folly and revealing herself as an incarnate goddess. The princes of Eleusis erect a temple to propitiate her.

Demeter continues mourning for Persephone and causes a severe famine. Zeus and the goddess Iris are the first to beg her to call lit off, but to no avail. Eventually the king of the gods sends Hermes to the netherworld to return the girl. Hades agrees to let her go, but secretly makes her eat a pomegranate seed which will guarantee that she must spend three months of the year in the netherworld. For the rest of the year she is released to live among the Olympian gods. In gratitude Demeter restores fertility to the land and initiates the Eleusinian princes into her Mysteries, teaching her rites for future generations. The hymn ends.

Quickly Demeter raised up grains from the rich soil And the whole broad earth was laden with foliage and flowers Straight away she addressed the princes who administer justice Triptolemos and Diocles the tamer of horses Strong Eumobos and Celes the people's leader

She revealed the enactment of her rituals And devised sacred workings for everyone Which no-one may violate or enquire about or utter Since great reverence for the gods dries up the voice

Fortunate is the one among earthbound people Who has witnessed these mysteries And he who has not been initiated into the rituals And has not participated will never share in such hings Even when I wing dead under darkness and decay

Then when the heavenly goddess had laid down all her rites They returned to Olympos and the other gods' company Revered and holy they have their habitation there In the presence of Zeus who delights in thundering The one of mortal humankind whom they love earnestly Is greatly blessed and it is to his grand hall that they send Plutos who gives abundance to the human race

Now come you inhabitants of incense-bearing Eleusis And the island of Paros and rocky Antron

O Queen my lady Deo bestower of good gifts bringer of fruits in season You and your very lovely daughter Persephone Be gracious and in return for my hymn Grant me a life that delights the spirit And I shall recall you and make you another sacred song.6

Now, reading works of description and interpretation of the Eleusinian Mysteries is not a wasted effort, but should be no substitute for examination of the primary sources. The Hymn to Demeter documents both the myth and the ritual, and one may help to explain the other. Other ancient sources of information are fragmentary; there are a few relevant inscriptions, a handful of monuments such as reliefs and vase-paintings, scattered allusions in the works of classical travel-writers and philosophers, and polemical accounts in the books of early Christian Fathers. The latter certainly had an axe to grind, and it is interesting how strenuous were their efforts to discredit the pagan Mysteries.7

The Eleusinian cult was adopted by the Athenian state some time before 600 BCE, and a number of the rituals cited in the Hymn to Demeter were certainly enacted. Large numbers of people attended the processions between Athens and Eleusis in classical times. These were held in early October at the season of sowing. How many participated in the most esoteric rites, which were categorized as 'things revealed', 'things recited', and 'things seen', is unclear. Some of the celebrants would doubtless drink a special sacramental mixture, in memory of Demeter, from a particular vessel called the cyceôn. As always, as a poet put it, there were many wand-wavers but few true initiates.8

There were various oaths or passwords9 which initiates had to utter. One read: "The lady Brimo has borne the holy child Brimos." 10 This is obscure, but the word brimos means 'the awesome one', and the allusion may be to a magical child, since the birth of a physical son is not recorded in the myth. More sense may be obtained from another Eleusinian oath which included the words "Rain! Conceive!"11 The conception may again refer to a spiritual child, perhaps that part of the self which in Egypt was reborn

magically as Horus the Child.12 If we are thinking of Egyptian analogies (not origins), we might recall that, in discussing the jackal-faced god Anubis, Plutarch connects the word 'dog' (kuôn) with 'conceive' (kuô), 13 The etymology seems dubious to the modern mind, but Plutarch understood symbolism, and Anubis has a strong if little-known connexion with the birth of the divine king.14 If we required corroboration, Herodotus reports that "the priest has his eyes blindfolded and is led to the temple of Demeter by two wolves."15 The two wolves or wild dogs are forms of Anubis and his magical twin Upwawet, the Opener of the Ways.16 Anubis is the shamanic deity who facilitates the processes of magical rebirth and initiation: he is hery-seshta, 'He Who is Over the Mysteries'. In Hellenistic times he was assimilated to the psychopomp Hermes, a closely related archetype, and was called Hermanubis (the name of a priest in Crowley's Rites). 17 At this period there is evidence for an association between Anubi's and Demeter and Persephone,18 and an "Anubidian ear of corn" is referred to in the Greco-Egyptian magical papyri.19

Hermes has an important role in the Hymn to Demeter. It is his job to visit Hades to ask the god of the netherworld to release Persephone and to guide her on her return. Similarly, Anubis guides the justified soul through the limbo from death to life and between the worlds. The archetype is easily recognizable in the Divine Comedy of Dante, where Vergil guides the poet through the circles of Hades. No naïve diffusionism is suggested to explain connexions between Anubis and Hermes: the archetype emerges in many different cultures, sprung from the Collective Unconscious, with only the local names changing.

The Hymn to Demeter has a number of other motifs which help to elucidate the Mysteries. Persephone smelled the flower and became intoxicated: the earth then opened to enable her to shift level and travel from one world to the other. Her 'rape' (really a further initiation) is needed to guarantee her ability to travel back again. The chasm in the earth, which

⁶Homeric Hymn to Demeter 471-495, Cf previous note.

^{&#}x27;Most of the literary and epigraphic documentation is conveniently listed in NTurchi, Fontes Mysteriorum Aevi Hellenistici (Romal 930). Literary and epigraphic sources are quoted in extenso in LR Famell, Cults of the Greek States III (Oxford 1907)

^{*}polloi men narthêkophoroi, pauroi de te bakchoi: Zenobius 5: 77.

See particularly A Dieterich, Eine Mithrasliturgie³ (Berlin 1923) 213-214 and passim

¹⁰Hippolytus, Ref. V 8 p 164; cf Jane Harrison, Prolegomena (1903) 552-557; Mylonas op. cit. 306-310. 11 Hippolytus, Ref. V 7 p 146; Proclos ad Platonis Tim. p 293.

¹³Cf particularly H Brunner, Die Geburs des Gottkönigs: Studien zur Überlieferung eines altäpyptischen Mythod (Wiesbaden 1984); E Norden, Die Geburt des Kindes: Geschichte einer religiören Idee (Leipzig 1924), Plutarch, De Iside et Osiride 44 (368E); cf T Hopfner, Plutarch über Isis und Osiris II (Prag 1941) 197-199; JG Griffiths, Plutarch on Isis and Osiris (Cartiff1970) 467-468.

¹⁴Cf T DuQuesne, Anubis and the Spirits of the West (Thame1990); RK Ritner, JEA 71 (1985) 149-155. 19Herodotus II 122

¹⁶Cf Diodorus I 18; Clement Alex., Strom. V 7; 42.

¹⁹See especially J Leclant, Anabis, LIMC I (1981) 862-873 (text), 688-696 (plates); J-C Grenier, Anabis alexandrin et romain (Leiden1977).

¹⁴G XI 4. 1235 (Delos, before 166 BCE); Artemidorus, Onirocrit. II 34.

¹³PGM IV 900 (note also that succhus may mean 'genitals': LSD. Connexions between Anubis and the grain are indicated in other Egyptian and classical sources: see, for instance, Coffin Texts V 99-100; Papyrus Jumilhac XVII 17-18; EH Kantorowicz, Proc. Amer. Philos. Soc. 106 (1961) 374 fig. 15 [368-393].

was represented by an actual site at Eleusis, 20 is the 'shaman's gate' (Da'at) which is only visible for a second and through which the initiate must pass on his journey to enlightenment. 21

The gate of the netherworld is in various cultures guarded by a dog or dogs. ²² Anubis is specifically the deity who has access to the 'narrow passage' to this gate. ²³ In classical mythology, Cerberus protects the portal, and this beast has close associations with Hecate, whose appearance in the Hymn to Demeter is not coincidental. She is the lumar aspect of the goddess and she, like the Celtic Morrigan, is accompanied by a netherworldly hound or hounds.

In the Hymn to Demeter, it is Hecate (the Moon) and Helios (the Sun) who hear Persephone's crying. The alchemical Conjunction of Opposites involves the marriage of Sun and Moon." As Dwina Murphy-Gibb shows in her fine contemporary drawings on the theme, the taking of Persephone is inevitable and ritual, the beginning of immortality, quite literally an initiation. It is not that Persephone is offered evil mind-bending drugs or that she is literally raped. She certainly has to lose her virginity, literally, and her life, metaphorically, in order to become a spiritual being. Her smelling of the consciousness-raising scent of the magic flower was probably enacted in some form at Eleusis, perhaps by the ingestion of onjum.²⁶ Such growth, involving risky activities, is bound to be painful.

Poppies grow in cornfields, so they symbolize Demeter effectively. According to the *Hymn*, she had fasted for nine days, which recalls the initiatory hanging of Odin so that he could obtain the runes. At Eleusis the goddess refused wine but, after being made to laugh, accepted a potion of "grain and water mixed with tender pennyroyal." As anyone who has undertaken a healing rice fast will testify, the chewed grain alone will eventually exert mood-modifying effects. Such fasts can help to raise kundalini, the dual 'serpent power' which courses through the spine and perception of which enhances consciousness significantly. Demeter accepted grain, and the revelation of an 'ear of cut wheat' was apparently one of the most important events of her Mysteries. Phis is highly reminiscent of the five elements of the Tantric pañcatattva ritual, which includes maithum & sexual intercourse) and mudrâ, a word with various meanings which in this context signifies parched or roasted grain. 31

The Eleusinian Mysteries culminated in a hierogamy, or 'sacred marriage'. We do not know for certain who participated (priest and priestess, or two or more initiands), or what form the rites took. The Christian Fathers, who are almost our only source on this subject, showed deep embarrassment at the fact that the pagan Mysteries would not simply disappear. Then, as now, the moralists attacked with sexual innuendo. (Clement of Alexandria even called Christ the 'true hierophant', a distinctly Eleusinian term.)32 In a series of sacred dramas such as occurred at Eleusis, perhaps an act of coitus took place. We do know that, according to one version of the Myth, Demeter agrees to take the drink of grain only after Baubo exposes her genitals.33 Certainly the breaking of tabu is involved. For example, in a number of classical Mystery religions the initiate had to wear the clothing of the opposite gender to symbolize the psychic completeness of androgyny.34 The culmination of sexual excitement causes a kind of death, a shift of psychic level. It is the raising of plane which matters, not the technique whereby this is attained.

The secrets of Eleusis have been kept, Perhaps, like the Tarot cards, they were open secrets, in the sense that passing on the details would have no meaning to people who did not understand the vocabulary or the dialectic. ³⁵ The Eleusinian Rites facilitate the making of a bridge between earth and sky and earth and the netherworld, to underscore the point that humans are also, or can become, deities. The Roman astrological poet Manilius expressed it vividly: tam facit ipse deos mittique ad sidera numen. "Now humankind creates gods and raises divinity to the stars." ³⁶

^{**}Clement Alex, Pror. 2: 17: schol. Lucian Dat. Merer. 2: 1 Rabe (~ Turchi Fonzet [1930] nos 69 & 70); Mylonas op. cit. 100; Richardson, op. cit. 147-148; G. Ranapsins, Fauly Eurourus Realengridgodie 10 (1919) 2559-2449.
**See, for example, M. Ellade, "Samantim (Chicago) 96-0 482-485; C. I. Biecker, The Sacred Bridge (Leiden) 963) 180-189.
The Samm's Gaze is scramity formure in Danie, Inform XXXVI 12:73.

²F Kretschmar, Hundestammvater und Kerberos II (Stuttgart1938) 222-224; M Bloomfield, Cerberus: the dog of Hades (Chicago 1905).

²³DuQuesne, Anubis (1990) 10-11 and references.

²⁴F Orth, Hund, Pauly Witzowar Realenzyklopädie 8 (1913) 2573-2581 [2540-2582]; B Schlerath, Paideuma 6(1) (1954) 25-40; H Scholz, Der Hund in der grieckisch-römischen Magle und Religion (Berlint 1937); BH Stricker, Oudheidkundige Medsteldingen 49 (1968) 25-6 [40-56].

³CG Jung, Mysterium Conjunctionic, trans. (London 1963), Jung perceptively notes (op. cit. 146-160) that the dog has solar and lunar attributes.

²⁴The opium poppy is definitely connected with the Eleusinian cult: Mylonas, op. cit. 52, 53, 159, 205 & 216. Although it is the symbolism rather than the actual substance which is important, opium is a much more likely candidate than, for example. Amagin much room.

²⁷Hávamál 138; cf Eliade, op. cít 380.

^{*}Hawamai 136; ct Emane, op. cit. 360.
28Homeric Hymn to Demeter 208-209; cf Richardson, op. cit. 225, 344-348.

²ºCf Sir J Woodroffe [Arthur Avalon], The Serpent Power (Satcakranirúpana and Pådukåpañcaka)³ (Madras1931).
2ºHinpolytus, Ref. V 8: 30 (Turchi, Poster, no. 160).

³¹M Eliade, Yoga: immortality and freedom (Chicago 1958) 405-407 with literature.

³Clement Alex, Proir. XII 192. The Christians appropriated much of the vocabulary of the Mystery religions: see particularly Moron Smith, Clement of Alexandria and a Secret Goopel of Mark (Cambridge Mass.1973) 178-183.
3Clement Alex. Proir. II of Utuchi. Fonces no 122).

[&]quot;M Delocan, Hermaphrodities: sybta and rites of the hiteratal figure, trans. (London1961) 1-17; cf H Baumann, Das doppelte Geschlecht (Berlin1955) 14-80. Note the ritnal transvestism of Puntheus in Euripides, Bacchae 827-844.
"See W Burkert, Homo Neeura: Interpretation on altrichether Opferitien and Mythen Berlin1972 274-283, for a

perceptive discussion of this point. ²⁶Manilius, Astron. IV 934.

The Eleusinian Mysteries — a critical reading-list Terence DuQuesne

There are many hundreds of books and articles which describe or interpret the archaeology, history, and function of the Mysteries. Profound disagreements have long existed among scholars on the nature of the rituals enacted and how these should be interpreted. The works listed below will provide a representative selection of the opinions of some of the most distinguished scholars. Bibliographies containing fuller references are noted. It should be stressed that there is no single book on the Eleusinian Mysteries which can be regarded as definitive, and all the studies cited here should be read with a keen critical eye. By no means all of the most important contributions to this subject are available in English.

Walter Burkert, Homo Necans. Interpretationen altgriechischer Opferriten und Mythen. Berlin 1972 (= Religionsgeschichtliche Versuche und Voarbeiten XXXII). vo 274-327 (= pp 248-297 of the English translation [Berkelev 1983])

Walter Burkert is an outstanding authority on classical religion. This is an impressive book, but not all will agree with his Lévi-Straussian emphasis on the sacrificial aspects of the Mysteries or with his structuralist approach. Burkert's insights are always worth careful examination. The English translation of the German original is adequate.

Walter Burkert, Ancient Mystery Cults. Cambridge, Mass. 1987

An eastly digestible account of the Mystery religions of the classical world, based on Burkert's lectures. Burkert, unlike most classicists, has read the works of Mireea Eliade (cfebow) and is aware of psychodelic culture (at least through Carlos Castañeda, on whom opinions will differ). The author downplays the spiritual aspects of Eleusis and other Mystery culture.

Albrecht Dieterich, Eine Mithrasliturgie, third edition. Leipzig 1923 (reprinted Darmstadt 1966)

Albrecht Dieterich was one of the most incisive thinkers in the field of Mystery eligions. His book Mutter Erde (third edition, Berlin 1925) was one of the first detailed classical studies to accord to the Goddess her proper status. Dieterich's Mithrasliturgie contains a commentary on a magical papyrus which a Mithrac initiation ritual is concealed, but also deals more widely with matters such as the Sacred Marriage at Eleusis (pp 121-134) and with the initiatory oaths of the Mysterics (no 213-231).

Mircea Eliade, A History of Religious Ideas vol. I: From the Stone Age to the Eleusinian Mysteries. Chicago 1978, pp 290-301 & bibliography pp 458-463

Mircea Eliade, who died recently, had an unequalled grasp of symbolism and the meaning of religion, which was married to a scholarship of great breadth and depth. His writing shows a poet's sensitivity. The book above-quoted summarizes his thoughts on the Eleusinia in the context of a broad account of the early history of religions, and his critical bibliographies are most helpful. Eliade's early book The Myth of the Eternal Return (1954, various reprins) is a towering intellectual achievement which will stimulate those who are concerned with the meaning of magic and religion. For Mother cults and agricultural festivals in various cultures, Eliade's Patterns in Comparative Religion (1958) reprinted js invaluable.

LR Farnell, The Cults of the Greek States vol. III. Oxford 1907, pp 29-213 & references pp 311-376

A well-researched account, readable and scholarly, of the place of the Eleusinian Mysteries in Greek religion, from Farnell's standard, five-volume work on local cults. Full quotations in the original languages are conveniently printed at the end of the book.

Paul Foucart, Les Mystères d'Eleusis. Paris 1914

Paul Foucart attracted a quite undeserved measure of disagreement, followed by neglect, because of his helief that the Eleusinian Mysteries came originally from Egypt. He did not appear to understand that the Egyptian and Greek influences were two-way, for example in the case of the Greek-derived Eleusinium temple at Alexandria-Roucart's handling of sources is humane and his scholarship, on such matters as the Eleusinian priesthood, is unquestionable

Joscelyn Godwin, Mystery Religions in the Ancient World. London 1981

A highly readable, popular and splendidly-illustrated account of the Mystery religions in their context.

Jane Harrison, Prolegomena to the Study of Greek Religion. Cambridge 1903, pp 535-572

This book deals extensively with Greek Mysteries and quotes translations of many important documents. An interesting study, to be used with caution.

CG Jung & C Kerényi, Science of Mythology. Essays on the myth of the divine child and the Mysteries of Eleusis. New York 1949 [paperback repr. London 1985]

This is a book of essays by Jung and Kerényi, who influenced each other's thinking, from the perspective of Jung's psychology of archetypes. As a fine classical scholar and an initiate of Hermes, Kerényi was better placed than most to understand the significance of the Mysteries.

C Kerényi, Eleusis. Archetypal image of mother and daughter. New York 1967 An extended somewhat idiosyncratic account of the author's interpretations. Otto Kern, Mysterien (Die eleusinischen Weihen), in Pauly-Wissowa, Realenzyklopädie der klassischen Altertumswissenschaft 16 (1935) 1209-1263

For the reader who has German, a highly compressed and fully referenced summary. Still valuable.

George E Mylonas, Eleusis and the Eleusinian Mysteries. Princeton 1961 [1962]

On the archaeological aspects, Mylonas's work is sound, and his book includes useful documentation of ionographic and literary sources. Mylonas has, however, little understanding of symbolism, and he tends to confuse Eleusinian with other cults. His account of the Rites of Demeter is marred by stremuous moralistic atlempts to desexualite the Mysteries. There is an interesting Appendix on references to the Rites in the texts of the Church Fathers, and a helpful plossary of lechnical terms relation to the Mysteries.

Raffaele Pettazzoni, I Misteri. Bologna 1923, pp 41-101

The great historian of religions Mircea Eliade reports in his diaries that he did not understand the significance of the Mysteries until he had read Pettazzoni's book. Pettazzoni writes with great elegance and scholarship and understands mysticism and ecstatic states. This book is perhaps the best single work on the Mystery religions, and will repay study.

NJ Richardson, The Homeric Hymn to Demeter (edition and commentary). Oxford 1974 (note bibliography pp 88-92)

The Hymnto Demeter is a most beautiful and moving poem, one of the earliest surviving examples of Greek literature. It describes in detail the myth of Demeter, Persephone, and Hades and the foundation of the Mysteries at Eleusis. It is therefore a primary and crucial source for any serious student. NR Richardson is turtoduction contains some helpid additions to the Insights of previous scholars. He has provided a new edition of the Greek text and a commentary which will assist people interested in the detail of the Mysteries. Unfortunately he does not include an English translation of the Hymn. Among the English translations, neither of which does justice to the Greek, are those of John Edgar (The Homeric Hymns, Edithurph 1891) and HG Evelyn White (Hesiod, The Homeric Hymns, and Homerica. London 1936, in the Loeb Classical Library series).

Nicolaus Turchi, Fontes Historiae Mysteriorum Aevi Hellenistici. Roma 1930, pp43-99

This books contains almost all the Greek and Latin texts and inscriptions which bear on the Mystery cults, including that of Eleusis. Valuable for those who read classical languages.

